

1. Pré-congrès Mercredi 29 mars 2023 (7 heures)

Lombalgies discales: examen clinique, interprétation, mobilisations, manipulations et hydratation discale

8:30 - 8:45	Introduction	Présentation orale
8:45 – 9:15	Modèles et place de la thérapie manuelle orthopédique dans la prise en charge des patients lombalgiques	Présentation orale
9:15 - 10:15	Pathoanatomie du rachis lombaire et pathologies discales	Présentation orale
10:15 – 10:30	Pause	
10:30 – 12:00	Sémiologie et examen Clinique	Présentation orale/Labo
12:00 – 13:30	Repas	
13:30 – 14:00	Interprétation de l'examen clinique	Présentation orale
14:00 – 14:30	Traitement des tissus mous	Labo
14:30 – 15:30	Mobilisations/Manipulations générales du rachis lombaire	Labo
15:30 – 15:45	Pause	
15:45 – 16:30	Mobilisations segmentaires du rachis lombaire	Labo
16:30 – 17:15	Gestion de l'hydratation discale et mobilisations neurales, Discussion et recommandations	Présentation orale/Labo
17:15 – 17:30	Questions et remarques de clôture	

Bibliographie

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